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100 Bible Verses about

# Fasting

[Matthew 6:16-18](#) ESV / 1,517 helpful votes [Helpful](#) [Not Helpful](#)

"And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward. But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

[Isaiah 58:3-7](#) ESV / 922 helpful votes

"Why have we fasted, and you see it not? Why have we humbled ourselves, and you take no knowledge of it?" Behold, in the day of your fast you seek your own pleasure, and oppress all your workers. Behold, you fast only to quarrel and to fight and to hit with a wicked fist. Fasting like yours this day will not make your voice to be heard on high. Is such the fast that I choose, a day for a person to humble himself? Is it to bow down his head like a reed, and to spread sackcloth and ashes under him? Will you call this a fast, and a day acceptable to the LORD? "Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh?

[Joel 2:12](#) ESV / 684 helpful votes

"Yet even now," declares the LORD, "return to me with all your heart, with fasting, with weeping, and with mourning;

[Psalm 69:10](#) ESV / 588 helpful votes

When I wept and humbled my soul with fasting, it became my reproach.

[Matthew 6:18](#) ESV / 562 helpful votes

That your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

[Daniel 10:3](#) ESV / 516 helpful votes

I ate no delicacies, no meat or wine entered my mouth, nor did I anoint myself at all, for the full three weeks.

[Acts 14:23](#) ESV / 450 helpful votes

And when they had appointed elders for them in every church, with prayer and fasting they committed them to the Lord in whom they had believed.

[Matthew 4:4](#) ESV / 382 helpful votes

But he answered, "It is written, "'Man shall not live by bread alone, but by every word that comes from the mouth of God.'"

[Luke 4:2](#) ESV / 377 helpful votes

For forty days, being tempted by the devil. And he ate nothing during those days. And when they were ended, he was hungry.

[1 Corinthians 7:5](#) ESV / 353 helpful votes

Do not deprive one another, except perhaps by agreement for a limited time, that you may devote yourselves to prayer; but then come together again, so that Satan may not tempt you because of your lack of self-control.

[Isaiah 58:6](#) ESV / 344 helpful votes

"Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke?

[Psalm 35:13](#) ESV / 331 helpful votes

But I, when they were sick— I wore sackcloth; I afflicted myself with fasting; I prayed with head bowed on my chest.

[Luke 18:12](#) ESV / 314 helpful votes

I fast twice a week; I give tithes of all that I get.'

[Ezra 8:23](#) ESV / 313 helpful votes

So we fasted and implored our God for this, and he listened to our entreaty.

[Nehemiah 1:4](#) ESV / 286 helpful votes

As soon as I heard these words I sat down and wept and mourned for days, and I continued fasting and praying before the God of heaven.

[Acts 13:2](#) ESV / 265 helpful votes

While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them."

[Ezra 8:21-23](#) ESV / 258 helpful votes

Then I proclaimed a fast there, at the river Ahava, that we might humble ourselves before our God, to seek from him a safe journey for ourselves, our children, and all our goods. For I was ashamed to ask the king for a band of soldiers and horsemen to protect us against the enemy on our way, since we had told the king, "The hand of our God is for good on all who seek him, and the power of his wrath is against all who forsake him." So we fasted and implored our God for this, and he listened to our entreaty.

[Daniel 9:3](#) ESV / 234 helpful votes

Then I turned my face to the Lord God, seeking him by prayer and pleas for mercy with fasting and sackcloth and ashes.

[Acts 13:3](#) ESV / 215 helpful votes

Then after fasting and praying they laid their hands on them and sent them off.

[Esther 4:16](#) ESV / 214 helpful votes

"Go, gather all the Jews to be found in Susa, and hold a fast on my behalf, and do not eat or drink for three days, night or day. I and my young women will also fast as you do. Then I will go to the king, though it is against the law, and if I perish, I perish."

[1 Corinthians 10:31](#) ESV / 192 helpful votes

So, whether you eat or drink, or whatever you do, do all to the glory of God.

[Luke 2:37](#) ESV / 191 helpful votes

And then as a widow until she was eighty-four. She did not depart from the temple, worshiping with fasting and prayer night and day.

[Isaiah 58:1-14](#) ESV / 183 helpful votes

"Cry aloud; do not hold back; lift up your voice like a trumpet; declare to my people their transgression, to the house of Jacob their sins. Yet they seek me daily and delight to know my ways, as if they were a nation that did righteousness and did not forsake the judgment of their God; they ask of me righteous judgments; they delight to draw near to God. 'Why have we fasted, and you see it not? Why have we humbled ourselves, and you take no knowledge of it?' Behold, in the day of your fast you seek your own pleasure, and oppress all your workers. Behold, you fast only to quarrel and to fight and to hit with a wicked fist. Fasting like yours this day will not make your voice to be heard on high. Is such the fast that I choose, a day for a person to humble himself? Is it to bow down his head like a reed, and to spread sackcloth and ashes under him? Will you call this a fast, and a day acceptable to the LORD? ...

[Exodus 34:28](#) ESV / 177 helpful votes

So he was there with the LORD forty days and forty nights. He neither ate bread nor drank water. And he wrote on the tablets the words of the covenant, the Ten Commandments.

[Matthew 6:16](#) ESV / 164 helpful votes

"And when you fast, do not look gloomy like the hypocrites, for they disfigure their faces that their fasting may be seen by others. Truly, I say to you, they have received their reward.

[1 Corinthians 9:27](#) ESV / 146 helpful votes

But I discipline my body and keep it under control, lest after preaching to others I myself should be disqualified.

[Isaiah 58:6-7](#) ESV / 143 helpful votes

"Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh?

[Matthew 4:2](#) ESV / 135 helpful votes

And after fasting forty days and forty nights, he was hungry.

[Acts 9:9](#) ESV / 134 helpful votes

And for three days he was without sight, and neither ate nor drank.

[Jonah 3:5-10](#) ESV / 115 helpful votes

And the people of Nineveh believed God. They called for a fast and put on sackcloth, from the greatest of them to the least of them. The word reached the king of Nineveh, and he arose from his throne, removed his robe, covered himself with sackcloth, and sat in ashes. And he issued a proclamation and published through Nineveh, "By the decree of the king and his nobles: Let neither man nor beast, herd nor flock, taste anything. Let them not feed or drink water, but let man and beast be covered with sackcloth, and let them call out mightily to God. Let everyone turn from his evil way and from the violence that is in his hands. Who knows? God may turn and relent and turn from his fierce anger, so that we may not perish." ...

[1 Corinthians 7:1-5](#) ESV / 110 helpful votes

Now concerning the matters about which you wrote: "It is good for a man not to have sexual relations with a woman." But because of the temptation to sexual immorality, each man should have his own wife and each woman her own husband. The husband should give to his wife her conjugal rights, and likewise the wife to her husband. For the wife does not have authority over her own body, but the husband does. Likewise the husband does not have authority over his own body, but the wife does. Do not deprive one another,

except perhaps by agreement for a limited time, that you may devote yourselves to prayer; but then come together again, so that Satan may not tempt you because of your lack of self-control.

[Matthew 9:14](#) ESV / 110 helpful votes

Then the disciples of John came to him, saying, "Why do we and the Pharisees fast, but your disciples do not fast?"

[Judges 20:26](#) ESV / 109 helpful votes

Then all the people of Israel, the whole army, went up and came to Bethel and wept. They sat there before the LORD and fasted that day until evening, and offered burnt offerings and peace offerings before the LORD.

[Ezra 8:21](#) ESV / 100 helpful votes

Then I proclaimed a fast there, at the river Ahava, that we might humble ourselves before our God, to seek from him a safe journey for ourselves, our children, and all our goods.

[Matthew 9:15](#) ESV / 94 helpful votes

And Jesus said to them, "Can the wedding guests mourn as long as the bridegroom is with them? The days will come when the bridegroom is taken away from them, and then they will fast.

[Joel 1:14](#) ESV / 90 helpful votes

Consecrate a fast; call a solemn assembly. Gather the elders and all the inhabitants of the land to the house of the LORD your God, and cry out to the LORD.

[Isaiah 58:5-8](#) ESV / 86 helpful votes

Is such the fast that I choose, a day for a person to humble himself? Is it to bow down his head like a reed, and to spread sackcloth and ashes under him? Will you call this a fast, and a day acceptable to the LORD? "Is not this the fast that I choose: to loose the bonds of wickedness, to undo the straps of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry and bring the homeless poor into your house; when you see the naked, to cover him, and not to hide yourself from your own flesh? Then shall your light break forth like the dawn, and your healing shall spring up speedily; your righteousness shall go before you; the glory of the LORD shall be your rear guard.

[Mark 9:29](#) ESV / 84 helpful votes

And he said to them, "This kind cannot be driven out by anything but prayer."

[Zechariah 7:5](#) ESV / 83 helpful votes

"Say to all the people of the land and the priests, When you fasted and mourned in the fifth month and in the seventh, for these seventy years, was it for me that you fasted?"

[Daniel 10:2-3](#) ESV / 83 helpful votes

In those days I, Daniel, was mourning for three weeks. I ate no delicacies, no meat or wine entered my mouth, nor did I anoint myself at all, for the full three weeks.

[Isaiah 58:3](#) ESV / 81 helpful votes

"Why have we fasted, and you see it not? Why have we humbled ourselves, and you take no knowledge of it?" Behold, in the day of your fast you seek your own pleasure, and oppress all your workers.

[Nehemiah 9:1](#) ESV / 81 helpful votes

Now on the twenty-fourth day of this month the people of Israel were assembled with fasting and in sackcloth, and with earth on their heads.

[Ezra 10:6](#) ESV / 81 helpful votes

Then Ezra withdrew from before the house of God and went to the chamber of Jehohanan the son of Eliashib, where he spent the night, neither eating bread nor drinking water, for he was mourning over the faithlessness of the exiles.

[Mark 2:18](#) ESV / 80 helpful votes

Now John's disciples and the Pharisees were fasting. And people came and said to him, "Why do John's disciples and the disciples of the Pharisees fast, but your disciples do not fast?"

[2 Samuel 1:12](#) ESV / 79 helpful votes

And they mourned and wept and fasted until evening for Saul and for Jonathan his son and for the people of the LORD and for the house of Israel, because they had fallen by the sword.

[2 Corinthians 11:27](#) ESV / 71 helpful votes

In toil and hardship, through many a sleepless night, in hunger and thirst, often without food, in cold and exposure.

[Zechariah 8:19](#) ESV / 70 helpful votes

"Thus says the LORD of hosts: The fast of the fourth month and the fast of the fifth and the fast of the seventh and the fast of the tenth shall be to the house of Judah seasons of joy and gladness and cheerful feasts. Therefore love truth and peace.

[1 Kings 19:8](#) ESV / 69 helpful votes

And he arose and ate and drank, and went in the strength of that food forty days and forty nights to Horeb, the mount of God.

[Mark 2:18-20](#) ESV / 66 helpful votes

Now John's disciples and the Pharisees were fasting. And people came and said to him, "Why do John's disciples and the disciples of the Pharisees fast, but your disciples do not fast?" And Jesus said to them, "Can the wedding guests fast while the bridegroom is with them? As long as they have the bridegroom with them, they cannot fast. The days will come when the bridegroom is taken away from them, and then they will fast in that day.

[2 Samuel 12:16-22](#) ESV / 66 helpful votes

David therefore sought God on behalf of the child. And David fasted and went in and lay all night on the ground. And the elders of his house stood beside him, to raise him from the ground, but he would not, nor did he eat food with them. On the seventh day the child died. And the servants of David were afraid to tell him that the child was dead, for they said, "Behold, while the child was yet alive, we spoke to him, and he did not listen to us. How then can we say to him the child is dead? He may do himself some harm." But when David saw that his servants were whispering together, David understood that the child was dead. And David said to his servants, "Is the child dead?" They said, "He is dead." Then David arose from the earth and washed and anointed himself and changed his clothes. And he went into the house of the LORD and worshiped. He then went to his own house. And when he asked, they set food before him, and he ate. ...

[Exodus 34:28-29](#) ESV / 66 helpful votes

So he was there with the LORD forty days and forty nights. He neither ate bread nor drank water. And he wrote on the tablets the words of the covenant, the Ten Commandments. When Moses came down from Mount Sinai, with the two tablets of the testimony in his hand as he came down from the mountain, Moses did not know that the skin of his face shone because he had been talking with God.

[Daniel 10:1-3](#) ESV / 65 helpful votes

In the third year of Cyrus king of Persia a word was revealed to Daniel, who was named Belteshazzar. And the word was true, and it was a great conflict. And he understood the word and had understanding of the vision. In those days I, Daniel, was mourning for three weeks. I ate no delicacies, no meat or wine entered my mouth, nor did I anoint myself at all, for the full three weeks.

[Psalm 109:24](#) ESV / 63 helpful votes

My knees are weak through fasting; my body has become gaunt, with no fat.

[Matthew 9:14-15](#) ESV / 61 helpful votes

Then the disciples of John came to him, saying, "Why do we and the Pharisees fast, but your disciples do not fast?" And Jesus said to them, "Can the wedding guests mourn as long as the bridegroom is with them? The days will come when the bridegroom is taken away from them, and then they will fast.

[\*\*Matthew 4:1-2\*\*](#) ESV / 60 helpful votes

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry.

[\*\*James 1:17-27\*\*](#) ESV / 58 helpful votes

Every good gift and every perfect gift is from above, coming down from the Father of lights with whom there is no variation or shadow due to change. Of his own will he brought us forth by the word of truth, that we should be a kind of firstfruits of his creatures. Know this, my beloved brothers: let every person be quick to hear, slow to speak, slow to anger; for the anger of man does not produce the righteousness of God. Therefore put away all filthiness and rampant wickedness and receive with meekness the implanted word, which is able to save your souls. ...

[\*\*Matthew 6:17-18\*\*](#) ESV / 57 helpful votes

But when you fast, anoint your head and wash your face, that your fasting may not be seen by others but by your Father who is in secret. And your Father who sees in secret will reward you.

[\*\*Daniel 6:18\*\*](#) ESV / 55 helpful votes

Then the king went to his palace and spent the night fasting; no diversions were brought to him, and sleep fled from him.

[\*\*Esther 4:3\*\*](#) ESV / 54 helpful votes

And in every province, wherever the king's command and his decree reached, there was great mourning among the Jews, with fasting and weeping and lamenting, and many of them lay in sackcloth and ashes.

[\*\*1 Samuel 31:13\*\*](#) ESV / 54 helpful votes

And they took their bones and buried them under the tamarisk tree in Jabesh and fasted seven days.

[\*\*1 Timothy 2:1-15\*\*](#) ESV / 51 helpful votes

First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way. This is good, and it is pleasing in the sight of God our Savior, who desires all people to be saved and to come to the knowledge of the truth. For there is one God, and there is one mediator between God and men, the man Christ Jesus, ...

[\*\*Acts 13:2-3\*\*](#) ESV / 51 helpful votes

While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." Then after fasting and praying they laid their hands on them and sent them off.



[Acts 13:1-3](#) ESV / 51 helpful votes

Now there were in the church at Antioch prophets and teachers, Barnabas, Simeon who was called Niger, Lucius of Cyrene, Manaen a member of the court of Herod the tetrarch, and Saul. While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." Then after fasting and praying they laid their hands on them and sent them off.

[Acts 10:30](#) ESV / 50 helpful votes

And Cornelius said, "Four days ago, about this hour, I was praying in my house at the ninth hour, and behold, a man stood before me in bright clothing

[1 John 2:1-29](#) ESV / 48 helpful votes

My little children, I am writing these things to you so that you may not sin. But if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous. He is the propitiation for our sins, and not for ours only but also for the sins of the whole world. And by this we know that we have come to know him, if we keep his commandments. Whoever says "I know him" but does not keep his commandments is a liar, and the truth is not in him, but whoever keeps his word, in him truly the love of God is perfected. By this we may know that we are in him: ...

[Acts 13:1-52](#) ESV / 48 helpful votes

Now there were in the church at Antioch prophets and teachers, Barnabas, Simeon who was called Niger, Lucius of Cyrene, Manaen a member of the court of Herod the tetrarch, and Saul. While they were worshiping the Lord and fasting, the Holy Spirit said, "Set apart for me Barnabas and Saul for the work to which I have called them." Then after fasting and praying they laid their hands on them and sent them off. So, being sent out by the Holy Spirit, they went down to Seleucia, and from there they sailed to Cyprus. When they arrived at Salamis, they proclaimed the word of God in the synagogues of the Jews. And they had John to assist them. ...

[2 Samuel 12:16](#) ESV / 48 helpful votes

David therefore sought God on behalf of the child. And David fasted and went in and lay all night on the ground.

[1 Samuel 7:6](#) ESV / 48 helpful votes

So they gathered at Mizpah and drew water and poured it out before the LORD and fasted on that day and said there, "We have sinned against the LORD." And Samuel judged the people of Israel at Mizpah.

[1 Corinthians 8:8](#) ESV / 47 helpful votes

Food will not commend us to God. We are no worse off if we do not eat, and no better off if we do.

[2 Chronicles 7:14](#) ESV / 45 helpful votes

If my people who are called by my name humble themselves, and pray and seek my face and turn from their wicked ways, then I will hear from heaven and will forgive their sin and heal their land.

[James 1:1-27](#) ESV / 43 helpful votes

James, a servant of God and of the Lord Jesus Christ, To the twelve tribes in the Dispersion: Greetings. Count it all joy, my brothers, when you meet trials of various kinds, for you know that the testing of your faith produces steadfastness. And let steadfastness have its full effect, that you may be perfect and complete, lacking in nothing. If any of you lacks wisdom, let him ask God, who gives generously to all without reproach, and it will be given him. ...

[Luke 5:33-35](#) ESV / 43 helpful votes

And they said to him, "The disciples of John fast often and offer prayers, and so do the disciples of the Pharisees, but yours eat and drink." And Jesus said to them, "Can you make wedding guests fast while the bridegroom is with them? The days will come when the bridegroom is taken away from them, and then they will fast in those days."

[Esther 4:15-16](#) ESV / 43 helpful votes

Then Esther told them to reply to Mordecai, "Go, gather all the Jews to be found in Susa, and hold a fast on my behalf, and do not eat or drink for three days, night or day. I and my young women will also fast as you do. Then I will go to the king, though it is against the law, and if I perish, I perish."

[Luke 5:34-35](#) ESV / 42 helpful votes

And Jesus said to them, "Can you make wedding guests fast while the bridegroom is with them? The days will come when the bridegroom is taken away from them, and then they will fast in those days."

[Matthew 17:20](#) ESV / 42 helpful votes

He said to them, "Because of your little faith. For truly, I say to you, if you have faith like a grain of mustard seed, you will say to this mountain, 'Move from here to there,' and it will move, and nothing will be impossible for you."

[1 Kings 21:27](#) ESV / 42 helpful votes

And when Ahab heard those words, he tore his clothes and put sackcloth on his flesh and fasted and lay in sackcloth and went about dejectedly.

[Leviticus 23:26-32](#) ESV / 42 helpful votes

And the LORD spoke to Moses, saying, "Now on the tenth day of this seventh month is the Day of Atonement. It shall be for you a time of holy convocation, and you shall afflict yourselves and present a food offering to the LORD. And you shall not do any work on that very day, for it is a Day of Atonement, to make atonement for you before the LORD your God. For whoever is not afflicted on that very day shall be cut off from his people. And whoever does any work on that very day, that person I will destroy from among his people. ...

[Matthew 4:1-11](#) ESV / 40 helpful votes

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry. And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, "'Man shall not live by bread alone, but by every word that comes from the mouth of God.'" Then the devil took him to the holy city and set him on the pinnacle of the temple ...

[Deuteronomy 28:1-68](#) ESV / 39 helpful votes

"And if you faithfully obey the voice of the LORD your God, being careful to do all his commandments that I command you today, the LORD your God will set you high above all the nations of the earth. And all these blessings shall come upon you and overtake you, if you obey the voice of the LORD your God. Blessed shall you be in the city, and blessed shall you be in the field. Blessed shall be the fruit of your womb and the fruit of your ground and the fruit of your cattle, the increase of your herds and the young of your flock. Blessed shall be your basket and your kneading bowl. ...

[Mark 1:13](#) ESV / 38 helpful votes

And he was in the wilderness forty days, being tempted by Satan. And he was with the wild animals, and the angels were ministering to him.

[Matthew 17:20-22](#) ESV / 38 helpful votes

He said to them, "Because of your little faith. For truly, I say to you, if you have faith like a grain of mustard seed, you will say to this mountain, 'Move from here to there,' and it will move, and nothing will be impossible for you." As they were gathering in Galilee, Jesus said to them, "The Son of Man is about to be delivered into the hands of men,

[Joel 2:15](#) ESV / 38 helpful votes

Blow the trumpet in Zion; consecrate a fast; call a solemn assembly;

[Jeremiah 14:12](#) ESV / 37 helpful votes

Though they fast, I will not hear their cry, and though they offer burnt offering and grain offering, I will not accept them. But I will consume them by the sword, by famine, and by pestilence."

[2 Samuel 3:35](#) ESV / 37 helpful votes

Then all the people came to persuade David to eat bread while it was yet day. But David swore, saying, "God do so to me and more also, if I taste bread or anything else till the sun goes down!"

[Deuteronomy 9:9-18](#) ESV / 37 helpful votes

When I went up the mountain to receive the tablets of stone, the tablets of the covenant that the LORD made with you, I remained on the mountain forty days and forty nights. I neither ate bread nor drank water. And the LORD gave me the two tablets of stone written with the finger of God, and on them were all the words that the LORD had spoken with you on the mountain out of the midst of the fire on the day of the assembly. And at the end of forty days and forty nights the LORD gave me the two tablets of stone, the tablets of the covenant. Then the LORD said to me, 'Arise, go down quickly from here, for your people whom you have brought from Egypt have acted corruptly. They have turned aside quickly out of the way that I commanded them; they have made themselves a metal image.' 'Furthermore, the LORD said to me, 'I have seen this people, and behold, it is a stubborn people. ...

[Acts 27:33](#) ESV / 36 helpful votes

As day was about to dawn, Paul urged them all to take some food, saying, "Today is the fourteenth day that you have continued in suspense and without food, having taken nothing.

[Jeremiah 36:9](#) ESV / 35 helpful votes

In the fifth year of Jehoiakim the son of Josiah, king of Judah, in the ninth month, all the people in Jerusalem and all the people who came from the cities of Judah to Jerusalem proclaimed a fast before the LORD.

[2 Chronicles 20:3](#) ESV / 35 helpful votes

Then Jehoshaphat was afraid and set his face to seek the LORD, and proclaimed a fast throughout all Judah.

[Luke 5:35](#) ESV / 34 helpful votes

The days will come when the bridegroom is taken away from them, and then they will fast in those days."

[Matthew 4:1-4](#) ESV / 34 helpful votes

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And after fasting forty days and forty nights, he was hungry. And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, "'Man shall not live by bread alone, but by every word that comes from the mouth of God.'"

[Acts 27:9](#) ESV / 31 helpful votes

Since much time had passed, and the voyage was now dangerous because even the Fast was already over, Paul advised them,

[2 Samuel 12:21](#) ESV / 31 helpful votes

Then his servants said to him, "What is this thing that you have done? You fasted and wept for the child while he was alive; but when the child died, you arose and ate food."

[2 Thessalonians 1:1-12](#) ESV / 30 helpful votes

Paul, Silvanus, and Timothy, To the church of the Thessalonians in God our Father and the Lord Jesus Christ: Grace to you and peace from God our Father and the Lord Jesus Christ. We ought always to give thanks to God for you, brothers, as is right, because your faith is growing abundantly, and the love of every one of you for one another is increasing. Therefore we ourselves boast about you in the churches of God for your steadfastness and faith in all your persecutions and in the afflictions that you are enduring. This is evidence of the righteous judgment of God, that you may be considered worthy of the kingdom of God, for which you are also suffering— ...

[Psalm 139:1-24](#) ESV / 30 helpful votes

To the choirmaster. A Psalm of David. O LORD, you have searched me and known me! You know when I sit down and when I rise up; you discern my thoughts from afar. You search out my path and my lying down and are acquainted with all my ways. Even before a word is on my tongue, behold, O LORD, you know it altogether. You hem me in, behind and before, and lay your hand upon me. ...

[Ephesians 3:20](#) ESV / 29 helpful votes

Now to him who is able to do far more abundantly than all that we ask or think, according to the power at work within us,

[Joel 2:13](#) ESV / 27 helpful votes

And rend your hearts and not your garments.” Return to the LORD your God, for he is gracious and merciful, slow to anger, and abounding in steadfast love; and he relents over disaster.

[Psalm 109:4](#) ESV / 27 helpful votes

In return for my love they accuse me, but I give myself to prayer.

[1 Chronicles 10:12](#) ESV / 27 helpful votes

All the valiant men arose and took away the body of Saul and the bodies of his sons, and brought them to Jabesh. And they buried their bones under the oak in Jabesh and fasted seven days.

[2 Corinthians 6:4-6](#) ESV / 24 helpful votes

But as servants of God we commend ourselves in every way: by great endurance, in afflictions, hardships, calamities, beatings, imprisonments, riots, labors, sleepless nights, hunger; by purity, knowledge, patience, kindness, the Holy Spirit, genuine love;

[Matthew 18:1-35](#) ESV / 24 helpful votes

At that time the disciples came to Jesus, saying, “Who is the greatest in the kingdom of heaven?” And calling to him a child, he put him in the midst of them and said, “Truly, I say to you, unless you turn and become like children, you will never enter the kingdom of heaven. Whoever humbles himself like this child is the greatest in the kingdom of heaven. “Whoever receives one such child in my name receives me, ...

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